

## Donor Breast Milk – Home Ordering Information

- Families may contact the milk banks directly and order up to 40 ounces of donor milk without a prescription.
  - If additional donor milk is needed members may follow up with their pediatrician.
- All patients are eligible to receive a maximum of 40 ounces without a prescription. To receive this, patients must contact the milk bank and fill out consent forms electronically.
  - **Mothers Milk Bank:** email at [recipient.coordinator@mothersmilk.org](mailto:recipient.coordinator@mothersmilk.org), by phone at (408)638-2822, or via our website at <https://mothersmilk.org/request-milk/for-a-newborn/>
  - **Ni-Q:** Call to place an order at 844-305-7674 or fill out the electronic form at: <https://www.ni-q.com/direct-to-family/> (response will be within 24hrs)
- All patients interested in receiving more than 40 ounces must have a doctor complete a San Jose Mothers' Milk Bank Prescription form. The prescription is a form specific to our milk bank and can be found attached to this message.
- San Jose Milk Bank is contracted with Tri-Care and Medi-Cal insurance only. Patients with Tri-Care or Medi-Cal may receive PDHM via insurance coverage, but prior authorization from the insurance is required. Patients with all other insurance providers will pay out of pocket and can speak with their provider personally to inquire about possible reimbursement.
- Patients may also schedule an overnight delivery to their homes. MMB ship all across the country and our cutoff for overnight deliveries is 11 am